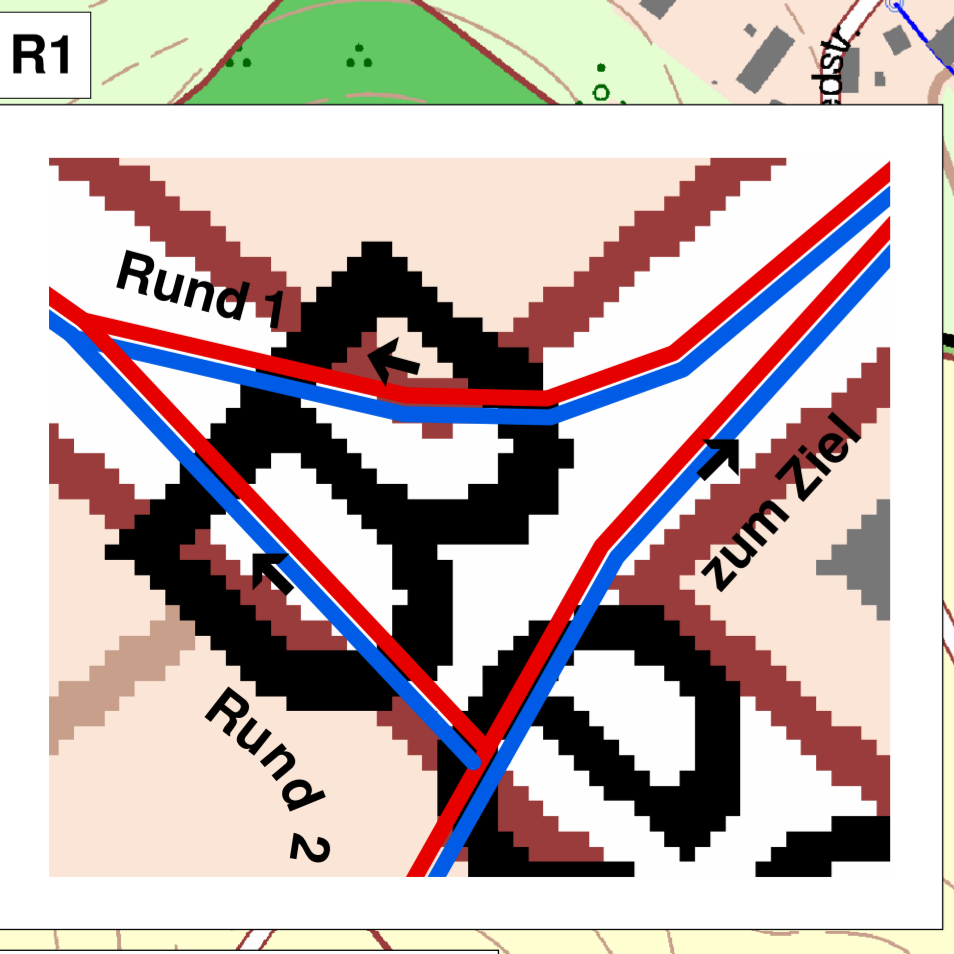
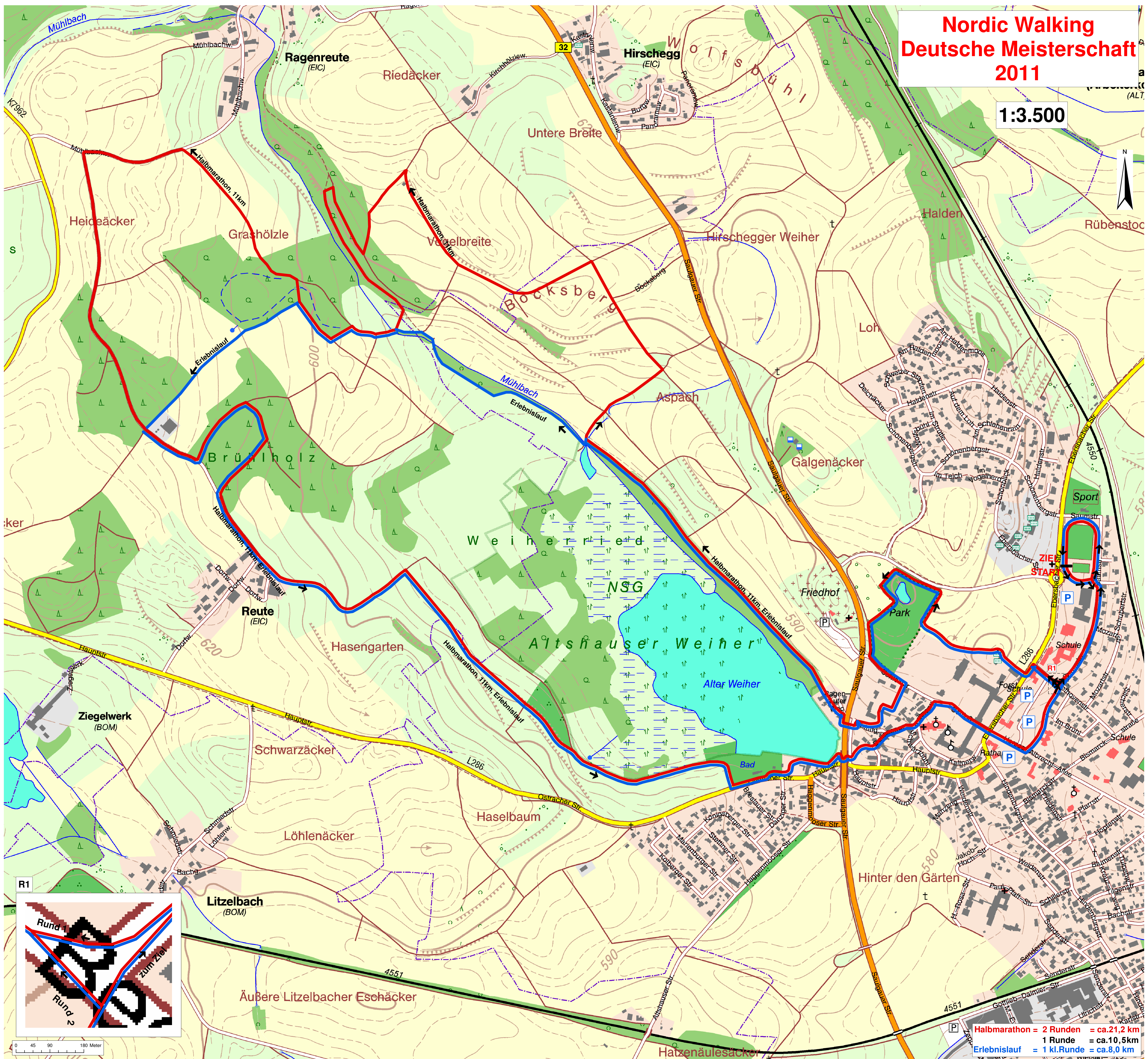
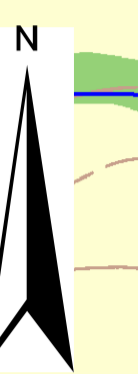


Nordic Walking Deutsche Meisterschaft 2011

1:3.500



0 45 90 180 Meter

Halbmarathon = 2 Runden = ca.21,2 km
1 Runde = ca.10,5 km
Erlebnisläufer = 1 kl.Runde = ca.8,0 km

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